

yesterday  
**NOW.**  
tomorrow

Our mission is to serve the needs of our young adults to allow them to learn and mature in a safe environment. Delta is dedicated to empowering our youth to take the lead in maintaining independence, stability and success.



**SUPERVISED INDEPENDENT LIVING (SIL)**



### Directions to Delta's Office:

#### By Bus:

From Broad & Olney-Take the 22 bus to Mt. Carmel Ave. & Easton Road. Turn right on Mt. Carmel Ave. and Delta is at the end of the block on the right.

#### By Car:

Directions to 2210 Mt Carmel Ave Glenside, PA 19038. There is a small parking lot next to our building. You can park there, however if the lot is full on street parking is available. Once you park, walk up the ramp at the front entrance of the building. From there the receptionist will greet you.



Please feel free to contact  
us for additional  
information:

SIL Intake Coordinator  
215-887-6300 Ext. 154  
[silreferrals@deltafamilyservices.org](mailto:silreferrals@deltafamilyservices.org)

Housing Coordinator  
215-887-6300 ext. 223  
[silhousing@deltafamilyservices.org](mailto:silhousing@deltafamilyservices.org)

 **215-887-6300**

 **2210 Mt Carmel Ave Glenside, PA 19038**

 **[silreferrals@deltafamilyservices.org](mailto:silreferrals@deltafamilyservices.org)**

## What is Family Services?

In 1995, Delta Community Supports, Inc. created a Family Services division that began offering foster care services to children, youth, and families. Delta's professional staff and foster parent partners provide required services to children, youth, and their families in court ordered foster care. Delta's caring, loving, and innovative approach has enabled our agency to build an excellent reputation and become a model for other agencies. Delta offers general, kinship, medical and treatment foster care. Delta also offers full adoption services such as child prep, child profile and child specific recruitment services. Delta's SIL program is a 20+ year youth development housing program. Each participant is assigned a professionally trained life skills coach that guides them towards independence.

## What is SIL?

A Supervised Independent Living program that provides support to young adults, ages 17-21, who are seeking independence. SIL participants reside in leased apartments, with ongoing support from professionally trained social workers.

## SIL Requirements YOU MUST:

- ✓ Be actively enrolled in an educational program and must provide roster and grades to life skills coach.
- ✓ Maintain employment with a minimum of 20 hours per week which is considered part time employment.
- ✓ Must provide proof of employment such as a paystubs and a work schedule
  - ✓ Maintain a C/2.0 average
  - ✓ Attend school/work regularly
- ✓ Provide worker with name and contact info for someone at school/place of employment
- ✓ Be accessible for required meetings with life skills coach.
  - ✓ Life skills workshops are mandatory
- ✓ Must comply with all SIL rules and regulations.

## What is the referral process?

- ✓ Referral must come from DHS or CUA
- ✓ Intakes are scheduled within 24-48 hours of referral being received
- ✓ Decisions to accept are made within 24- 48 hours
- ✓ Placement in SIL usually occurs within 2-4 weeks from an acceptance date and is also contingent upon receipt of documents and apartment availability.

## Who is eligible for SIL?

Young adults between the ages of 17-21, who are referred by DHS/ CUA and meet the program requirements.

## SIL Benefits

- ✓ Supportive and safe housing
  - ✓ Apartments Rent/Utilities
- ✓ Evidence base life skills curriculum
- ✓ Preparation for independence after SIL
  - ✓ Food Allotment
  - ✓ Personal Cellphone
  - ✓ Laundry allotment
  - ✓ Transportation Allotment
  - ✓ Clothing stipend

## LIFE SKILLS TOPICS

- ✓ Budgeting
- ✓ Cooking
- ✓ Time Management
- ✓ Resume Building
- ✓ Advocacy
- ✓ Peer/Family Mediation
- ✓ Tax assistance
- ✓ Healthy Relationships
- ✓ Apartment safety
- ✓ Career and education resources
- ✓ Transitional Planning

